

**Handout 1: The Home Health Aide and Care Team**

Identify the role of each healthcare team member.

Matching – for each of the following terms, write the letter of the correct definition from the list below:

1. \_\_\_\_\_ Supervisor or Case Manager
  2. \_\_\_\_\_ Home Health Aide (HHA)
  3. \_\_\_\_\_ Medical Social Worker
  4. \_\_\_\_\_ Occupational Therapist (OT)
  5. \_\_\_\_\_ Physical Therapist (PT)
  6. \_\_\_\_\_ Physician (MD)
  7. \_\_\_\_\_ Registered Dietitian (RDT)
  8. \_\_\_\_\_ Registered Nurse (RN)
  9. \_\_\_\_\_ Speech/Language Pathologist (SLP)
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- a. Works with patients to restore function and prevent disability after a disease, injury, or loss of a body part
  - b. Assesses, provides intervention, evaluates, educates the patient and family (examples of care include wound care, diabetic education, lab draws)
  - c. Diagnoses disease or disability and is authorized to prescribe treatment or medications
  - d. The person who develops and supervises each patient's care plan and can make changes to the care plan when necessary
  - e. Assists individuals and families with social and/or psychological issues as well as coordinating community resources
  - f. Performs assigned tasks, such as taking vital signs, and provides personal care
  - g. Teaches patients and their families about diet/nutrition
  - h. Treats patients with speech disorders or helps to improve speech impediments
  - i. Teaches patients how to complete essential daily living tasks (self-care education and ADL's)

**Handout 1: The Home Health Aide and Care Team**

**ANSWER SHEET**

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1.   d   Supervisor or Case Manager
  2.   f   Home Health Aide (HHA)
  3.   e   Medical Social Worker (MSW)
  4.   i   Occupational Therapist (OT)
  5.   a   Physical Therapist (PT)
  6.   c   Physician (MD)
  7.   g   Registered Dietitian (RDT)
  8.   b   Registered Nurse (RN)
  9.   h   Speech/Language Pathologist (SLP)
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- a. Works with patients to restore function and prevent disability after a disease, injury, or loss of a body part
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**HANDOUT #2: Case Scenario Activity**

Mr. Smith has just recently suffered from a stroke. He has left sided weakness, his speech is slurred, and he is now on a medicine that makes his blood thin. He lives with his elderly wife who is trying her best to care for him. He can walk slowly with a 4-prong cane and needs assistance with his personal hygiene.

Could this patient benefit from home care?

What services could he benefit from?

Place an X mark beside the services that you think could assist him and provide an explanation of why you think these services would be helpful.

- RN: \_\_\_\_\_
- PT: \_\_\_\_\_
- OT: \_\_\_\_\_
- Home Care Aide: \_\_\_\_\_
- Speech Therapy: \_\_\_\_\_
- Chaplin: \_\_\_\_\_
- Social Worker: \_\_\_\_\_

**HANDOUT #2: Case Scenario Activity**

**ANSWER SHEET**

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Could this patient benefit from home care?

What services could he benefit from?

Place an X mark beside the services that you think could assist him and provide an explanation of why you think these services would be helpful.

  X   RN: Assessment of overall condition, blood draws to monitor how thin the blood is, patient and family education

  X   PT: Exercises, home evaluation for safety and equipment, lower extremity strengthening, teaching use of home equipment

  X   OT: Same as PT but upper extremity and focus on ADL's

  X   Home Care Aide: Personal care, respite for wife, some IADL's

  X   Speech Therapy: Assess swallowing – is thickener needed, assess aspiration risk, assess and provide intervention for communication issues

  X   Chaplin: For patient and wife – coping, spiritual support

  X   Social Worker: Long-term planning, advanced care directives, community resources and planning

**Handout 3: Competency/Skills Validation**

The following is a list of what a nurse aide supervisor may look for when validating an employee’s skills. This can be checked annually, initially (first day on site), or to validate a new task that has been assigned.

<b>A nurse aide provides direct patient care according to the individualized plan under the direction and supervision of the registered nurse</b>	<b>The nurse aide complies with patient safety policies and procedures and uses proper body mechanics and assistive devices safely and appropriately when moving patients</b>
Bathing: bed, sponge, tub, shower partial, total	Transfer: bed to chair, wheelchair, slide board
Mouth Care: dentures, teeth, oral swab	Mechanical Lift
Skin Care: lotion, back rub, massage	Walking Assist: standby, cane, walker, crutch, prosthesis
Shave: electric, disposable	Gait Belt
Hair Care	Turn patient every 2 hours
Nail Care (file only)	Range of motion exercises: passive, active
Bed Making: occupied, unoccupied	<b>Uses proper precautions</b>
Dress: total, assist	Aspiration
<b>Assists with patient’s nutritional needs</b>	Falls
Prepare Meal: regular, low salt, low fat, diabetic, soft, other special diet	Skin
Assist patient with dining: assist, complete	Oxygen
<b>Provides for patient’s elimination needs</b>	Diabetic
Bedpan, urinal, bedside commode, bathroom	Bleeding
Adult brief, incontinence pads, perineal care	Shopping and Errands
Catheter Care: empty bag, perineal care, condom catheter	Uniform/Nametag
<b>Procedures</b>	Complies with policies related to code procedures
TED hose application	Oxygen
Prepared medication reminder	<b>Incorporates principles of infection control in patient care, utilizing standard precautions on all patients</b>
Weight	Complies with current hand hygiene guidelines
Glucose monitoring	Monitors patient for signs and symptoms of infection and reports these to the RN
<b>Provides basic home management tasks</b>	Monitors patient safety
Floor Care: sweep, vacuum, mop	Garbage disposal
Linen change, bed making	<b>The nurse aide complies with agency’s ethical standards</b>
Dusting furniture	Patient Rights and Responsibilities
Bathroom Maintenance: tub, sink, toilet	Confidentiality/HIPAA
Understands limitations of home management tasks – No Heavy Lifting	<b>Age specific competency checklist</b>
Meal Preparation	<b>Cultural competencies</b>
<b>Provides kitchen maintenance</b>	<b>Emergency preparedness</b>
Use of appliances	Explains procedures to follow in the event of a disaster
Proper food storage/handling	<b>The nurse aide communicates relevant patient information</b>
Dishwashing	Interactions with patient, family, supervisor
Clean countertops	Reports patient response to care to RN
<b>The nurse aide organizes nursing care for a group of patients</b>	
Completes assignments within allotted time frame	

*Please note – there is not a separate skills competency testing for listing on the Nurse Aide I Registry as a Home Care Aide. These are skills that may be required by the employer and are helpful in the role of the Home Care Aide.*